



*The Harry and Jeanette Weinberg Campus*  
391 Pelham Road  
New Rochelle, NY 10805  
(914) 632-2804  
[www.uhgc.org](http://www.uhgc.org)

**FOR IMMEDIATE RELEASE**

Contact: Linda Forman  
Phone: (914) 632-2804 x1224  
[lforman@uhgc.org](mailto:lforman@uhgc.org)

DATE: 11.1.2010

## **Burke Rehabilitation at United Hebrew of New Rochelle Tracking Outcome Measures for Success**

A Dedicated Short Term Rehab Floor With Private Rooms, Focused On Guiding Patients Home

Several years ago United Hebrew of New Rochelle, a premier long term care campus, made a firm commitment to offer the best rehabilitation possible. As Rita Mabli, president/CEO of United Hebrew said, "I knew that United Hebrew had exemplary nursing care and was planning to build our new pavilion. In order to be at the very pinnacle of rehab, we wanted to work with Burke Rehabilitation Hospital." Nationally recognized Burke is now an integral part of United Hebrew of New Rochelle and United Hebrew has seen short term rehabilitation admissions grow at a rapid rate.

Whether a patient is recovering from surgery, coping with chronic illness, knee or hip replacement, brain or spinal cord injury, the physical and occupational therapists are cross trained in rehab methods and are committed to maximizing the recovery of each patient. The focus of Burke Rehabilitation at United Hebrew is on getting the patient home in the shortest amount of time possible, at the greatest level of independence. Physical Therapist, Dr. Nora O'Brien, Director of Burke Rehabilitation at United Hebrew of New Rochelle, and her Burke Rehabilitation trained staff, have found that the patients do better because the staff tracks the outcomes of the patients' progress and adjusts treatment protocols accordingly. The rehabilitation staff utilizes rehabilitative measurement tools to objectively measure patients' functional status.

"We are focused on the use of measurement tools to track our patients' status," said Dr. O'Brien. "We have found that the tools quantify progress which allows us to provide the most appropriate therapy."

Each individual success story is measured and recorded. United Hebrew has measured its average length of stay after a hip replacement at 13 days and after a knee replacement at 16 days. The length of stay has decreased over time and the staff is continually working towards decreasing the amount of time a patient needs to stay on the rehabilitation floor. Their use of advanced measurement tools also assists the therapist in defining the rehabilitative treatment.

Dr. O'Brien's high energy, enthusiasm and passion for her profession is evident when she tells the story of a healthy active man, who fell on the way to his doctor's office for a routine visit. That "simple fall" left him a quadriplegic, with little hope of moving his arms or legs again. The hospital had given him little chance of improvement. Then he met

Dr. O'Brien and her team at United Hebrew of New Rochelle. The highly trained therapists along with the experienced nurses helped him regain movement in both of his legs and he began to move both arms.

"He is now able to push himself up with assistance and proudly stand," gushes Dr O'Brien, "It is just one example of the miracles that happen here every day. United Hebrew's expertise and commitment to care is the very essence of our core philosophy."

United Hebrew is a not-for-profit, non-sectarian, multiservice senior living campus located on 7.4 acre campus in New Rochelle, New York. The new nursing and rehabilitation pavilion which opened in 2009, offers a dedicated Short Term Rehabilitation floor with private rooms. The new state-of-the-art pavilion offers spacious, bright private rooms, sweeping views of the Sound, and a courtyard garden. On each floor cozy dining rooms and inviting sitting rooms contribute to the neighborhood atmosphere. Exemplary care is provided by United Hebrew's multi-disciplinary staff, many with 20+ years at the organization.

Recently United Hebrew was awarded five out of five stars by the United States Center on Medicare Services for quality care. In addition, United Hebrew of New Rochelle was ranked in the top 4 percent of nursing home facilities by New York State Department of Health for providing exemplary care to their residents. United Hebrew was the only long-term care facility for older adults in Westchester County to receive this award and recognition.

To learn more about Burke at United Hebrew of New Rochelle call Admissions at 914.632.2804 ext. 1148 or Nora O'Brien, Director of Rehabilitation at ext. 1156 or visit [www.uhgc.org](http://www.uhgc.org).



Maura Donovan, OTR, with seated patient Maria Fernandez at Burke Rehab at United Hebrew of New Rochelle



Mertel Thomas, physical therapy assistant, with a patient in the Burke Rehab at United Hebrew of New Rochelle's rehab gym.



Dr. Nora O'Brien, director of Rehabilitation, assisting patient, Anthony Nardozi, in the Burke Rehabilitation at United Hebrew of New Rochelle gym.



The Burke Rehabilitation Staff Team at United Hebrew of New Rochelle.