

ARLENE BARST receives the Someone Special Award



Arlene Barst

Arlene Barst began her community service 15 years ago in The Bronx, where she spent time feeding patients at a nursing home and a hospital. When she moved to New Rochelle in 1999, Arlene continued her services at the United Hebrew Geriatric Center, helping to make the residents as comfortable as possible. "I feed residents who can't feed themselves. I keep them company, wheel them around -- anything to make them happy,"

Arlene is certainly an example of a dedicated volunteer - one who makes a difference in seniors' lives and who is exceptionally deserving of the Someone Special Award. Her philosophy? Be appreciative. "If you live long enough, you'll need someone to help you, too. There's nothing like seeing a smile on the residents' face when I'm helping them do something they're no longer able to do on their own."

For residents who don't have family or friends nearby, Arlene knows that her time is well-spent at UHGC. That time is spent during the week, on Saturdays and especially holidays when other caretakers and volunteers are with their families. UHGC has become Arlene's second home. "The residents at UHGC have become my surrogate

family. I really enjoy spending time with them, learning about their lives, their hopes and their dreams."

UHGC is a vibrant not-for-profit, non-sectarian, multi-service senior living campus offering rich array of skilled and community-based programs and services that promotes the highest possible quality of life. UHGC serves over 600 clients daily in its campus facilities. If you are interested in volunteering your time at United Hebrew Geriatric Center, there are many opportunities to become part of our family. For more information, call Linda Forman, Vice President of Community Relations, at 914-632-2804 x224.

We commend Arlene Barst for her exemplary service to the community. She will be receiving an attractive plaque donated courtesy of Jan Mar Trophy Co. in New Rochelle. The "Someone Special" award is a partnership between Home Town Media Group, Jan Mar Trophy Co., and The Volunteer Center of United Way. To find out how to nominate someone or to learn about other volunteer opportunities, call The Volunteer Center at 914-948-4452 or visit us on-line at www.volunteer-center.org

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